

Finchley Catholic High is having a

BIKE WEEK

17TH-21ST June



Monday - Dr Bike and bike maintenance workshop

Bring your bike to school for a **FREE** safety check by a trained mechanic

Wednesday - Smoothie Bike

At break and lunch in the lower school play ground , come and make a smoothie using nothing but pedal power.



Tuesday—Bikers Breakfast

Cycle to school for a **FREE** delicious breakfast in the canteen.

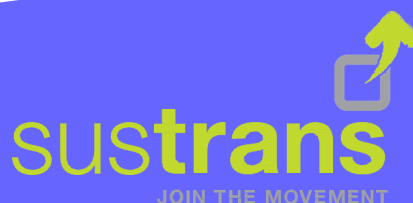
Thursday —Bike Skills

Take part in the bike assault course on the Astro pitch after school to win lots of bike Accessories including bike computers.



Friday - Win a bike competition.

Produce a safety awareness video to promote safe cycling to school.
Please submit to Mr Nagle



Part of the Sustrans Bike It Plus project in London. Getting more pupils on their bikes for their health, environment and because it's fun!