



# Chaplaincy Newsletter



Issue No.

**#17**

## Gospel & Thoughts

**This Sunday's  
Gospel**

**Luke 7:  
1-10**

After Jesus had finished all his sayings in the hearing of the people, he entered Capernaum. A centurion there had a slave whom he valued highly, and who was ill and close to death. When he heard about Jesus, he sent some Jewish elders to him, asking him to come and heal his slave. When they came to Jesus, they appealed to him earnestly, saying, "He is worthy of having you do this for him, for he loves our people, and it is he who built our synagogue for us." And Jesus went with them, but when he was not far from the house, the centurion sent friends to say to him, "Lord, do not trouble yourself, for I am not worthy to have you come under my roof; therefore I did not presume to come to you. But only speak the word, and let my servant be healed. For I also am a man set under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and the slave does it." When Jesus heard this he was amazed at him, and turning to the crowd that followed him, he said, "I tell you, not even in Israel have I found such faith." When those who had been sent returned to the house, they found the slave in good health.

In the celebration of the Eucharist we use this centurion's prayer before the reception of Communion: 'Lord I am not worthy that you should enter under my roof...' The words of Jesus have great power in them and are effective when spoken by Himself. It reminds us of the power of God at creation - the Lord spoke and it was done. When we realise that Jesus himself is the Word of God, then whatever he says is the work of God. Thus when he says 'Go in peace, your sins are forgiven' it really does happen. The gift of faith in the works of Jesus certainly brings real peace. Pray that your faith may increase throughout this Lenten season.

## Upcoming Events

**12th March** - Tuesday Prayer Group @ 8.15 in the Oratory

**13th March** - 9More Retreat

**14th March** - Rosary Group @ 8.15 in the Oratory

Year 10 Mass @ 8.50am



## Catechesis 101

**What should we do to prepare for receiving the Eucharist?**

Someone who would like to receive Holy Eucharist must be Catholic. If he has a serious sin on his conscience, he must first make a confession. Before approaching the altar, one should be reconciled with his neighbours. [1389, 1417]

Until a few years ago, the practice was to eat nothing for at least three hours before Mass; that was how people prepared to encounter Christ in Holy Communion. Today the Church recommends at least one hour of fasting before receiving the Eucharist. Another sign of reverence is to wear one's finest clothing—after all, we have a rendezvous with the Lord of the world.

**I turned my heart to know and to search out and to seek wisdom  
Ecclesiastes 7:25**